

# DENTAL SEDATION

What are the different types of dental sedation, and how can they reduce dental phobia?



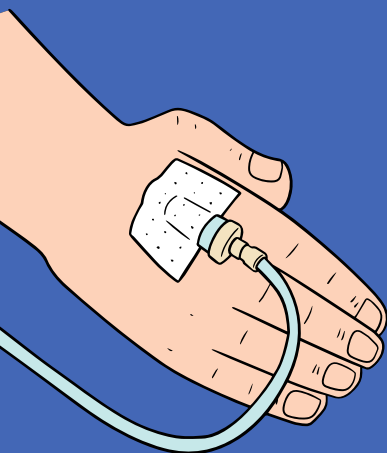
## INHALED SEDATION

This usually involves breathing in a mixture of nitrous oxide (laughing gas) and oxygen through the nose or mouth. It causes short term relaxation and pain relief. There are few side effects, and the level of sedation can be adjusted easily.



## ORAL SEDATION

Oral sedation involves taking a tablet a few hours before the procedure. This is a form of light sedation that will allow you to feel more relaxed during your procedure. It can be difficult to titrate oral sedation to the correct dose



## IV SEDATION

This requires the injection of medication via a small tube into your vein. It has a rapid onset of action and is stronger and longer acting than oral and inhalation techniques. We can also titrate IV sedation according to dose.

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## LOCAL ANAESTHETIC

This is an injection of anaesthetic medication directly into tissue such as the gums. It has a local affect, its effects occur rapidly and resolve quickly. You will remain completely conscious.



## GENERAL ANAESTHETIC

This is more commonly known as being 'put to sleep'. During this procedure you will be unconscious and a breathing tube will be inserted. You will not feel any pain throughout the procedure, and will have no recollection of it.